

Greenup County Public Schools Nutrition & Physical Activity Report

2013-2014



Afterschool Snack Program

Federal Reimbursement \$10,200.00
 Total Snacks Served 12,750
 # Schools Participating 6

Physical Activity & Achievement

Schools play a crucial role in influencing physical activity behaviors. Evidence supports a correlation between test scores and the physical well-being of students. Greenup County Public Schools' provide facilities and sound curriculum/policies to create an encouraging environment for a variety of physical activity opportunities.

School Physical Activity Environment Assessment

Program/ Activity	Elementary	Middle 6-8	High 9-12
Provide daily recess	100%	n/a	n/a
Provide at least 150 minutes of physical activity per week	n/a	n/a	n/a
Provide classroom physical activity integrated into each day	25%	n/a	n/a

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Greenup County Public Schools are dedicated to making a difference in the lives of their students by serving nutritious meals and offering physical activity opportunities.

**Sherry Horsley, Superintendent
 Scott Burchett, Food Service Director**

National School Lunch

The National School Lunch Program is a federally assisted meal program operating in public and non-profit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to children each school day. The program was established under the National School Lunch Act, signed by Harry Truman in 1946.

Total Federal Reimbursement	\$900,526.78
# Schools Participation	7
Total Lunches Served	277,768
Avg. Daily Participation	2,209.17
All Students Received Free Lunch Through Community Eligibility Provision	
Lunch Prices	Adult: 3.25

School Breakfast

The School Breakfast Program (SBP) was established in 1966. Studies show that children who eat breakfast work faster, behave better, are more creative and make fewer mistakes. They score higher on tests, miss fewer days, have improved attention spans and develop better social skills. All Greenup County Schools offer nutritious choices for breakfast which meet the U.S. Department of Agriculture's nutrition guidelines.

Federal Reimbursement	\$337,210.58
# Schools Participating	7
Total Breakfast Served	223,385
Avg. Daily Participation	1306.35
Breakfast Prices	Adult: 1.25
All Students Received Free Breakfast Through Community Eligibility Provision	

Greenup County Menus are Certified and Validated 2014 SY

Greenup County Public School cafeterias are meeting tough new federal nutrition standards for school meals, ensuring that meals are healthy and well-balanced and provide students all the nutrition they need to succeed at school. Now is a great time to encourage your kids to choose school lunch!

School meals offer students milk, fruits and vegetables, proteins and grains, and they must meet strict limits on saturated fat and portion size. Starting in School Year 2013-2014, school lunches will meet additional requirements:

- ◆ Age-appropriate calorie limits
- ◆ Larger servings of vegetables and fruits (students must take at least one serving of produce)
- ◆ A wider variety of vegetables, including dark green and red/orange vegetables and legumes
- ◆ Fat-free or 1% milk (flavored milk must be fat-free)
- ◆ More whole grains
- ◆ And less sodium

For your convenience we offer online payment through the Parent IC Portal on the district website. To find out more about Greenup County Public Schools healthy school meals visit the district website at www.greenup.kyschools.us.

