

Greenup County Public Schools Nutrition & Physical Activity Report

2014-2015



Afterschool Snack Program

Federal Reimbursement	\$7,800.66
Total Snacks Served	9,513
# Schools Participating	6

Physical Activity & Achievement

Schools play a crucial role in influencing physical activity behaviors. Evidence supports a correlation between test scores and the physical well-being of students. Greenup County Public Schools' provide facilities and sound curriculum/policies to create an encouraging environment for a variety of physical activity opportunities.

School Physical Activity Environment Assessment

Program/ Activity	Elementary	Middle 6-8	High 9-12
Provide daily recess	100%	n/a	n/a
Provide at least 150 minutes of physical activity per week	n/a	n/a	n/a
Provide classroom physical activity integrated into each day	25%	n/a	n/a

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Greenup County Public Schools are dedicated to making a difference in the lives of their students by serving nutritious meals and offering physical activity opportunities.

**Sherry Horsley, Superintendent
Scott Burchett, Food Service Director**

National School Lunch

The National School Lunch Program is a federally assisted meal program operating in public and non-profit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to children each school day. The program was established under the National School Lunch Act, signed by Harry Truman in 1946.

Total Federal Reimbursement \$967,922.10

Schools Participation 7

Total Lunches Served 379,220

Avg. Daily Participation 2,217.66

All Students Received Free Lunch Through Community Eligibility Provision

Lunch Prices Adult: 3.25

Greenup County Menus are Certified and Validated 2015 SY

Greenup County Public School cafeterias are meeting tough new federal nutrition standards for school meals, ensuring that meals are healthy and well-balanced and provide students all the nutrition they need to succeed at school. Now is a great time to encourage your kids to choose school lunch! School meals offer students milk, fruits and vegetables, proteins and grains, and they must meet strict limits on saturated fat and portion size. In School Year 2015-2016, school lunches will continue to meet federal requirements as they relate to:

- ◆ Age-appropriate calorie limits
- ◆ Larger servings of vegetables and fruits
- ◆ A variety of vegetables, including dark green and red/orange vegetables and legumes
- ◆ Fat-free or 1% milk (flavored milk must be fat-free)
- ◆ Whole grains
- ◆ Sodium levels

For your convenience we offer online payment through the Parent IC Portal on the district website. To find out more about Greenup County Public Schools healthy school meals visit the district website at www.greenup.kyschools.us.

School Breakfast

The School Breakfast Program (SBP) was established in 1966. Studies show that children who eat breakfast work faster, behave better, are more creative and make fewer mistakes. They score higher on tests, miss fewer days, have improved attention spans and develop better social skills. All Greenup County Schools offer nutritious choices for breakfast which meet the U.S. Department of Agriculture's nutrition guidelines.

Federal Reimbursement \$365,526.13

Schools Participating 7

Total Breakfast Served 225,661

Avg. Daily Participation 1319.65

Breakfast Prices Adult: 1.25

All Students Received Free Breakfast Through Community Eligibility Provision

