



Musketeer Mindset

**FIXED OR
GROWTH
MINDSET?**

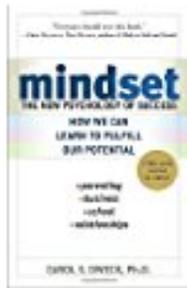
Greenup County Schools

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Growth Mindset: The Power of Belief

Merriam-Webster defines mindset as a mental attitude or inclination, a fixed state of mind. Everyone has their own mindset. The question to consider - is your mindset a fixed or growth mindset? In an interview in 2012, Carol Dweck, author of Mindset: The New Psychology of Success, stated, "In a fixed mindset students believe their basic abilities, their intelligence, their talents, are just fixed traits. They have a certain amount and that's that, and then their goal becomes to look smart all the time and never look dumb. In a growth mindset students understand that

their talents and abilities can be developed through effort, good teaching and persistence. They don't necessarily think everyone's the same or anyone can be Einstein, but they believe everyone can get smarter if they work at it."



When teachers and students have a growth mindset, they understand that effort is more defining than IQ. They know that intelligence can be developed. When teachers and students **believe** that they can continually grow and learn new

things they focus on improvement instead of worrying about how smart they are. They work harder, put in more effort, to learn more and improve. Students with this growth mindset have greater motivation in school, better grades and higher test scores.

Instilling a growth mindset in our students is the greatest service we can provide as teachers. In order to instill this important quality we must push our student to understand and believe in the power of having a growth mindset.

Dweck, C. (n.d.). *Mindset: The New Psychology of Success* .

www.mindsetworks.com

Whether you think you can, or think you can't, you're right.

— Henry Ford

Extended Thought

The Power of Belief

The Effect of Praise on

Class Dojo & Growth Mind-

Test Your Mindset

John Legend: Success Through Ef-

Neuroplasticity

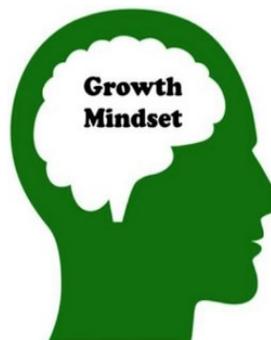


GO MUSKETEERS!

Send and email with "Growth Mindset: The Power of Belief" in the memo to Rebecca.Corsetti@greenup.kyschools.us to be entered into a drawing for \$25 classroom supplies gift card.

We are what we believe we are. - C.S. Lewis

#GCMusketeerMindset



I can learn anything I want to.
When I'm frustrated, I persevere.
I want to challenge myself.
When I fail, I learn.
Tell me I try hard.
If you succeed, I'm inspired.
My effort and attitude determine everything.



I'm either good at it, or I'm not.
When I'm frustrated, I give up.
I don't like to be challenged.
When I fail, I'm no good.
Tell me I'm smart.
If you succeed, I feel threatened.
My abilities determine everything.