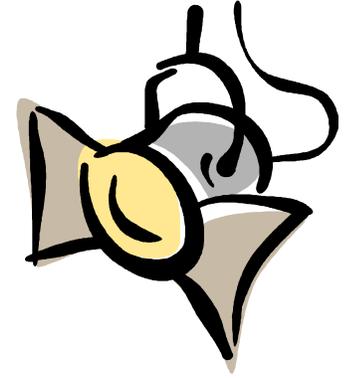




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7 Habits Spotlight March Newsletter



Dear Parents and Caregivers,

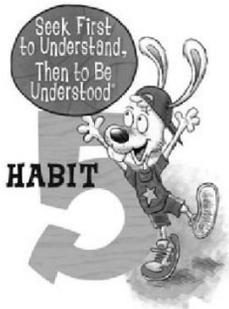
This March Argillite Elementary will continue to focus on **Habit 4: Think Win-Win®** in addition to **Habit 5: Seek First to Understand, Then to Be Understood®**. Please help us by reinforcing these habits at home. Ask your child to share what they have learned about the 7 Habits to help them be successful leaders!

Habit 4: Think Win-Win

I balance courage for getting what I want with consideration for what others want. When conflicts arise, I look for a win-win solution.

Expect your child to use words and phrases like “Think Win-Win,” sharing, “everyone wins,” and “being happy for others” in his/her conversations this week. You can encourage your child to be a leader by using some of this language at home. Books for young children that reinforce **Habit 4:**

- The 7 Habits of Happy Kids by Sean Covey
- Peter’s Chair by Ezra Jack Keats
- Alexander and the Wind-Up Mouse by Leo Lionni



Habit 5: Seek First to Understand, Then to Be Understood

I listen to other people’s ideas and feelings. I try to see things from their viewpoint (paradigm). I listen to others without interrupting. I listen with my ears, my eyes, and my heart. I am confident in voicing my ideas. Expect your child to use words and phrases like Talking Stick, “listening with your ears, eyes, and heart,” and “seeking first to understand” in his/her conversations this week. You can encourage your child to be a leader by using some of this language at home. Books for young children that reinforce **Habit 5:**

- The 7 Habits of Happy Kids by Sean Covey
- The True Story of the Three Little Pigs by Jon Scieszka
- Is Your Mama a Llama? by Deborah Guarino



Check out www.TheLeaderInMe.org for fun ways to bring the 7 Habits home.

Check off two fun 7 Habits activities each week as your family completes them. If your student returns this form with all activities completed and signed by the end of March they will earn a special treat!

| | | | | | | | |
|---|--|--|--|--|---|---|---|
| Share with your family a Win-Win situation you’ve been a part of. | Practice consideration, have everyone in your family share about something. Make sure everyone has a chance to speak, no interrupting. | Celebrate your own unique strengths and contributions! Make a list of what your good at. | Think of someone that you can show an extra act of kindness to this week. Do it! | Practice empathetic listening with a family member. Have them coach you on whether or not he or she felt understood. | Think of a time when it is difficult for you to really listen. What could you do to help yourself be a better listener? | Share about a time when someone really listened to you. How did you know they were listening? How did it make you feel? | What do you think the author is implying in this quote, “Listen, or your tongue will make you deaf.”? |
|---|--|--|--|--|---|---|---|

Parent Signature: _____

Student Signature: _____